

# **Rheumatoid Arthritis Working Group: General Concepts of Measurements in RA Clinical Trials**

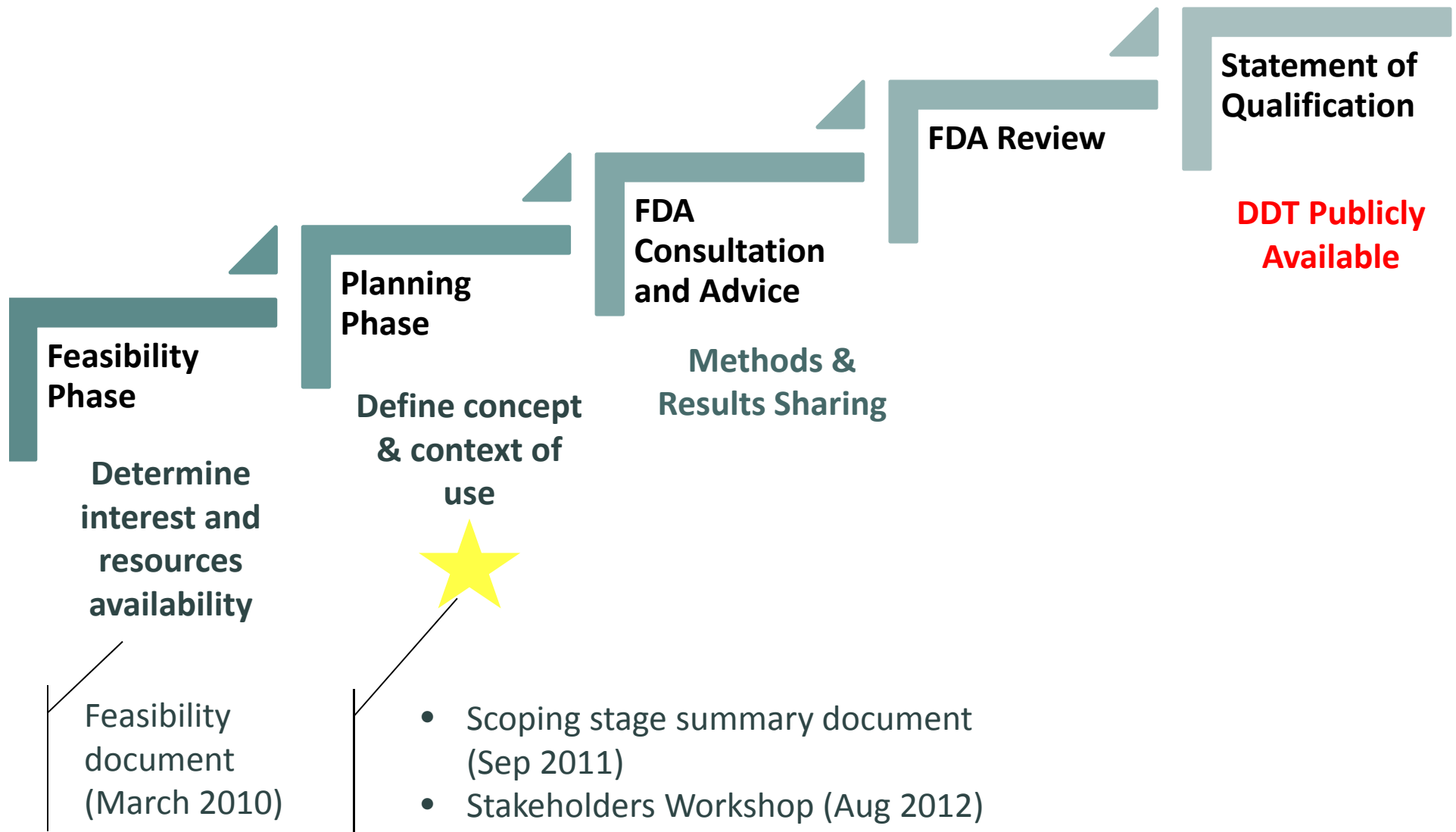
*Enkeleida NIKAI, MSc Psych, M.B*

**Co-chair of the PRO Consortium RA Working Group**

**Associate Director - Global Market Access**

**UCB Pharma**

# RA Working Group within the Qualification Process



# Regulatory Agencies Guidance and Clinical - International Societies



## Guidance for Industry Patient-Reported Outcome Measures: Use in Medical Product Development to Support Labeling Claims

*Additional content are available from:*



European Medicines Agency  
Pre-authorisation Evaluation of Medicines for Human Use

London, 27 July 2005  
Doc. Ref. EMEA/CHMP/EWP/139391/2004

COMMITTEE FOR MEDICINAL PRODUCTS FOR HUMAN USE  
(CHMP)

REFLECTION PAPER ON THE REGULATORY GUIDANCE FOR THE USE OF HEALTH-  
RELATED QUALITY OF LIFE (HRQL) MEASURES IN THE EVALUATION OF  
MEDICINAL PRODUCTS

### ISPOR TASK FORCE REPORTS

Content Validity—Establishing and Reporting the Evidence in Newly Developed Patient-Reported Outcomes (PRO) Instruments for Medical Product Evaluation: ISPOR PRO Good Research Practices Task Force Report: Part 1—Eliciting Concepts for a New PRO Instrument

Donald L. Patrick, PhD, MSPH<sup>1,\*</sup>, Laurie B. Burke, RPh, MPH<sup>2</sup>, Chad J. Gwaltney, PhD<sup>3</sup>, Nancy Kline Leidy, PhD<sup>4</sup>,  
Mona L. Martin, RN, MPA<sup>5</sup>, Elizabeth Molsen, RN<sup>6</sup>, Lena Ring, PhD<sup>7</sup>

**ACR, EULAR, OMERACT, PROMIS,  
International Classification of Function (ICF), etc**

# Good Practices: Eliciting Concepts for a New PRO Instrument



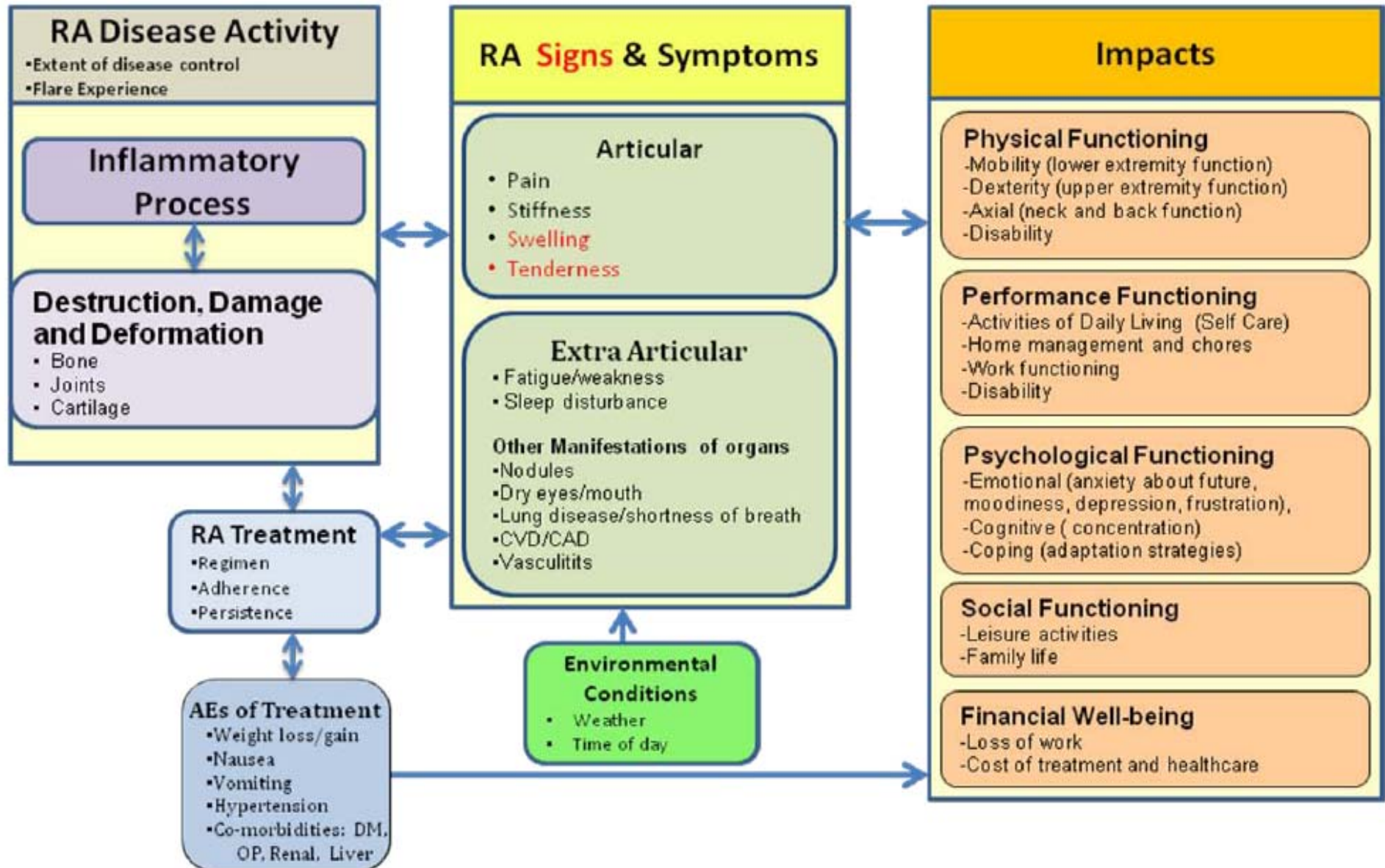
- Good practice 1: **Determine the context of use:**
  - Understand the disease or condition in the target population,
  - Develop an endpoint model for the context of use,
  - Consider target population-cultural/language groups,
  - Consider preliminary issues related to instrument content and structure,
  - Consider the theoretical conceptual framework,
  - Develop an hypothesized conceptual framework.
- Good practice 2: Develop the research protocol for qualitative concept elicitation and analysis
- Good practice 3. Conduct the concept elicitation interviews and focus groups
- Good practice 4. Analyze the qualitative data
- Good practice 5. Document concept development and elicitation methodology and results

## RA WG: Developing the Disease model - Supportive Evidence



- Review of previously conducted **qualitative research** with RA patients and **literature reviews** with the objective to develop a disease model:
  - Identify concepts that are important to RA patients,
  - Identify existing PRO measures used in RA clinical trials,
  - review of RA labels (FDA and EMA),
- Consultations with several key opinion leaders (KOLs) in the field of RA and PRO,
- Review of the disease model by clinicians (RA WG member firms),

# Hypothesized Disease Model



# Hypothesized Endpoint Model



Endpoint hierarchy	Proposed Concepts to document how a patient survives, feels or function	PRO, ClinRO, ObsRO/ Biomarker/ Survival
<p>Primary</p> <p>Composite endpoint for indication of treatment of RA</p>	<ul style="list-style-type: none"> <li>• Symptom: Pain</li> <li>• Symptom: Fatigue</li> <li>• Symptom: morning Stiffness</li> <li>• Sign: Swollen joint</li> <li>• Sign: Tender joint</li> <li>• Inflammation (CRP or ESR)</li> <li>• Disease activity</li> <li>• Impact: Disability/decrements in physical function</li> </ul>	<ul style="list-style-type: none"> <li>• PRO</li> <li>• PRO</li> <li>• PRO</li> <li>• ClinRO</li> <li>• ClinRO</li> <li>• Biomarker</li> <li>• ClinRO/PRO</li> <li>• PRO</li> </ul>
<p>Secondary</p> <p>Other treatment benefits</p>	<ul style="list-style-type: none"> <li>• RA-related symptoms</li> <li>• RA-defining decrements in physical function</li> </ul>	<ul style="list-style-type: none"> <li>• PRO</li> <li>• PRO</li> </ul>



## Feed-back from the FDA on the proposed concepts from the RA WG



- **Regulatory relevance:** “We acknowledge that the PRO measures currently used in RA patients could be improved to meet current standards for measurement...”
- **Concept of measurement:** “In principle, the overall concepts you have proposed (i.e., RA symptoms and RA-defining decrements in physical function) appear relevant, but it is‘ premature to commit to specific items or domains (i.e., subconcepts of measurement) for labeling”.
- **Context of use:** comments on early RA and the wide spectrum of RA population (from mild to severe)



# General Discussion

# Discuss Research Agenda



- Is there an **unmet need to improve or develop new PRO measures in RA** clinical trials?
- What **RA-related symptoms** should be measured in clinical trials to show treatment benefit?
  - Is fatigue one of the core symptoms of RA?
  - Is stiffness one of the core symptoms of RA?
  - Are there additional RA-related symptoms that should be measured?
- Is the current assessment of **physical function** adequately measured with HAQ-DI in RA?